



## NUTRICON 2018

### A NATIONAL CONFERENCE ON MANAGEMENT OF NUTRITIONAL DISORDERS: CHALLENGES & SCOPE

#### SCIENTIFIC SESSIONS SCHEDULE

#### DAY 1, 19 JANUARY 2018

<b>08:30 - 11:00AM</b>	REGISTRATION			
<b>08:30 - 10:00AM</b>	BREAKFAST			
<b>11:00 - 12:30PM</b>	OPENING CEREMONY- Swarn Jayanti Hall			
<b>12:30 - 12:45PM</b>	TEA BREAK			
<b>12:45PM - 02:15PM</b>	SESSION 1 VENUE: Heerak Hall	SESSION 2 VENUE: Manikya Hall	SESSION 3 VENUE: Neelam Hall	SESSION 4 VENUE: Vaidurya Hall
<b>02:15 - 03:15PM</b>	LUNCH			
<b>03:15PM-05:15PM</b>	SESSION 5 VENUE: Heerak Hall	SESSION 6 VENUE: Manikya Hall	SESSION 7 VENUE: Neelam Hall	SESSION 8 VENUE: Vaidurya Hall
<b>05:15 - 05:45PM</b>	TEA BREAK			
<b>05:45 - 07:45PM</b>	CULTURAL EVE - Swarn Jayanti Hall			
<b>08:00 PM</b>	DINNER			

#### DAY 2, 20 JANUARY 2018

<b>08:30 - 09:30AM</b>	BREAKFAST			
<b>9.30 AM- 11.45 AM</b>	SESSION 9 VENUE: Heerak Hall	SESSION 10 VENUE: Manikya Hall	SESSION 11 VENUE: Neelam Hall	SESSION 12 VENUE: Vaidurya Hall
<b>11.45AM -12.00NOON</b>	TEA BREAK			
<b>12.00 NOON-2.15PM</b>	SESSION 13 VENUE: Heerak Hall	SESSION 14 VENUE: Manikya Hall	SESSION 15 VENUE: Neelam Hall	SESSION 16 VENUE: Vaidurya Hall
<b>2.15 - 3.15PM</b>	LUNCH			
<b>3.15 - 5.00PM</b>	VALEDICTORY CEREMONY - Swarn Jayanti Hall			
<b>05:00 PM</b>	TEA & SNACKS			

#### Poster Presentation Session – Pukharaj Hall (Convention Hall at First floor )

Day 1, 19 January 2018	Day 2, 20 January 2018
12:45PM – 05:15PM	09:30AM – 03:15PM

## NUTRICON 2018

### A NATIONAL CONFERENCE ON MANAGEMENT OF NUTRITIONAL DISORDERS: CHALLENGES & SCOPE SCIENTIFIC SESSIONS SCHEDULE

1<sup>st</sup> DAY , 19<sup>th</sup> JANUARY 2018

1<sup>st</sup> SESSION

TIME: 12.45 pm to 2.15 pm

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#### TRACK NO./ SESSION 1 –T1A : “HEERAK HALL”

- THEME** : Management of Nutritional disorders prevalent among the Children  
**Chair** : Dr. P. K. Prajapati : M.D. (Ayu), Ph.D (Dean & Director I/c All India Institute of Ayurveda, Dehli)  
**Co- Chair** : Dr. M.K. Vyas : M.D. (Ayu), Ph.D, Professor & Head of Basic Principles & (All India Institute of Ayurveda, Dehli)

#### **KEYNOTE SPEAKERS**

1. Dr. Rajagopal S
  - Weaning foods and nutrition in early childhood period
2. Dr. Shailaja U
  - Healthy food practices in children of different age groups

Q and A session with the panel of keynote speakers

#### **Oral Presentations**

- OP-01** Swarnprashana Samskara (Lehana) In The Management Of Nutritional Deficiencies In Children : *Anuruchi Solanki ,  
Sheetal Kumar Solanki*
- OP-02** Brihana Effect Of Ashvagandha Granules & Asvagandha Kshira Basti In Krisha Children- A Clinical Comparative Study :  
*V. K. Kori*
- OP-03** Management Of Nutritional Disorders Prevalent Among the Children : *Amit Mukherjee, O.P. Dwivedi, Jinesh Jain, Bhagwati Tripathi*
- OP-04** Eating Disorders In Children And Adolescents : *Deepak Singh Yadav, Ramakant Dwivedi, A.K. Singh*
- OP-05** Prevalence of overweight and obesity and their association with anthropometric measurements among Bhopal city Professionals : *Saleha Zainab, Charu Bansal, Umesh Shukla, Nitin Marwaha*
- OP-06** Enriching the Nutritional Status Of Child Through Ayurveda : *Punit Dwivedi, Santosh Agarwal*
- OP-07** Pediatric Nutrition : The Base Of Nutritional Status : *Deepika Thakur, Pramod Patel , H.P. Sharma, Urmila Shukla*
- OP-08** Malnutrition Among Under-Five Year Children In India And Strategies For control : *Megha Agrawal, Ranjit Narang, R. Appaji Rao*
- OP-09** Rejuvenating Plant – Rudanti (Cressa Cretica Linn.), *Anjali Jain*

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#### TRACK NO./ SESSION 2 –T2 A : MANIKYA HALL

**THEME** : Nutritional disorders in adolescent girls and their management

**Chair** : Dr. Sanjeev Sharma, Director of National Institute of Ayurveda (Jaipur)

**Co- Chair** : Dr. Dhyaneswar Thorat, Member EC, CCIM

#### KEYNOTE SPEAKERS

1. Dr. Mrs Pushpa Awasthy
  - Under nutrition- challenges and scope
2. Dr. P.K . Beena Rose
  - Concept of diet in reproductive health-An ayurvedic perspective

Q and A session with the panel of keynote speakers

#### Oral Presentations

**OP- 01** Women Empowerment Through Nutritional Security: Challenges And Possible Interventions In Agriculture, *Sheela Raghuwanshi*

**OP- 02** Challenges And Management Of Nutritional Disorders In Female Athletes, *Meeta Badal*

**OP- 03** Nutritional Disorders In Adolescent Girls- Issues And Management, *Vivek Bhargava*

**OP- 04** Role Of Various Lauha Kalpa In Iron Deficiency Anaemia *Kulbhushan Sharma, V. Nageshwar Rao, K. Shankar Rao*

**OP- 05** Nutritional Anaemia In Adolescent Girls, *V. Divya, K.C. Ragamala*

**OP- 06** Nutritional Disorder In Adolescent Girls & Their Management Through Asparagus Officinalis And Beetroot, *Suchitra Sahoo, Sajota Yadav*

**OP- 07** Dietary Pattern & Disorders Of Schoolgoing Adolescents In India, *Pradeep Kumar Mahobia, Vinod Sharma, Anjali Jain*

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**TRACK NO./ SESSION 3 –T 8A : NEELAM HALL**

**THEME :** Issues related to health and nutrition in Geriatrics

**Chair :** Dr. Abhimanyu Kumar, Vice Chancellor, Uttarakhand Ayurveda University

**Co- Chair :** Dr. M S Deshpandey, Member CCIM, Bhopal

#### **KEYNOTE SPEAKERS**

1. Dr. Prassana N Rao
  - Geriatrics
2. Dr. Manjusha Rajgopala
  - Nutrition & Ocular health.
3. Dr. Murali Krishna
  - Potentials of Ayurveda and current research trends in the management of Sthaulya (obesity)

Q and A session with the panel of keynote speakers

#### **Oral Presentations**

**OP-01** Importance Of Nutritional Drugs (Ghiza - E -Dawai) In Geriatrics, *Abdul Rehman M.I.*

**OP-02** Effect Of Nutrition On Ageing, *Nupur Bharadwaj*

**OP-03** Madhutailika Yapana Vasti: An Effective Supplement For Healthy Aging, *Abhishek Bhattacharjee, Seema Malakar*

**OP-04** Geriatric Care In Rural Area Through Ayurveda, *Dinesh Kumar Malviya*

**OP-05** Role Of Rasayana Therapy In Geriatric Healthcare, *Manish Kumar Saini, Primi Swush, K. Shankar Rao*

**OP-06** Nutrition A Serious Issue In Geriatrics, *Suchetta Verma, Kedarlal Meena, Shailaja Bhatnagar, Hetal Dubey*

**OP-07** Role of Panchakarma in Dhatu Poshan W.S.R. to Snehana Therapy – A Conceptual Review, *Babita Dash*

**OP-08** Nutrition Related Problem's In Geriatric Patients And Their Ayurvedic Managements, *Swati Nagpal*

**OP-09** Nutritional Interventions For Geriatric Insomnia, *Atul Upadhyay, Charu Bansal, Trupti Jain*

**OP-10** Primary Prevention Of Early Ageing: An Ayurvedic Nutritional Approach, *Vinod Parihar, Saleha Zainab, Ghanshyam Dawer, Vrijendra Mandloi, Trupti Jain*

**OP-11** Concept Of Geriatrics And Nutrition Related Issues : An Ayurvedic Perspective, *Archana Choudhary, Rita Singh, Sanjay Shrivastava*

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TIME: 12.45 pm to 2.15 pm

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**TRACK NO./ SESSION 4 –T 5A : VAIDURYA HALL**

**THEME** : Scope of Nutraceuticals

**Chair** : Dr. Avula Laxmaiah, Director Grade Scientist & Head, Division of Community Studies ICMR-National Institute of Nutrition, Hyderabad

**Co- Chair** : Dr. Shankar Rao, Professor & HOD, National Institute of Ayurveda

#### **KEYNOTE SPEAKERS**

1. Dr. Jayan Damodaran
  - Nutraceuticals and its Ayurvedic Adaptation
2. Dr. Santosh Nair
  - Concept of Ahara in Ayurveda

Q and A session with the panel of keynote speakers

#### **Oral Presentations**

**OP-01** Nutraceuticals And Rasayana Chikitsa In Ayurveda, *Prajeesh Nath E N*

**OP-02** Importance Of Traditional Food Habits For Curbing Nutritional Disorders In India, *Sumeet Goel*

**OP-03** Concept Of Anupan And Its Relevance, *Mamta Tiwari*

**OP-04** Rehabilitation Of Criminals Through Yogic Diet And Practices: Review Study, *Prasad P. Deshpande, V.G. Pratrikar*

**OP-05** A Review On Promises And Problems Of Transgenic Food, *Shruti Singh, K.C. Garg, Anjali Jain*

**OP-06** Prospects In Nutraceutical's Next Generation, *Ravi Verma, Charu Bansal, Trupti Jain*

**OP-07** Role Of Takra (A Nutraceutical) In Arshadi Vyadhisankar Rogas, *Rajeev Shrivastav*

**OP-08** Clinico – Comparative trial of Charakokta Medhya Rasayana and Shirodhara in Patients of Manasika Avasada (Mental Depression),  
*Shraddha Sharma*

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2<sup>nd</sup> SESSION

TIME: 3.15 pm to 5.15 pm

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**TRACK NO./ SESSION 5 –T 3A : HEERAK HALL**

**THEME** : Issues related to nutrition in pregnant women

**Chair** : Dr. R S Sharma, Vice Chancellor of Madhya Pradesh Medical Science University, Jabalpur

**Co- Chair** : Dr. Rajagopala, Associate Professor, All India Institute of Ayurveda, Delhi

#### **KEYNOTE SPEAKERS**

1. Dr. Kamini Dhiman
  - Ayurvedic concept of food and nutrition in relation to female health
2. Dr. Laxmi Priya Dei
  - Ayurvedic Management of IUGR
3. Dr. Surinder Katoch
  - Food and Health-Ayurvedic perspective

Q and A session with the panel of keynote speakers

#### **Oral Presentations**

**OP- 01** A Review Of Sutika Paricharya & Garbhini Poshana, *Shriram Dwivedi, O.P. Dwivedi, H.P. Sharma*

**OP- 02** Issues Related To Nutrition In Pregnant Women, *Mahi Pravesh Mishra*

**OP- 03** Nutritional Disorders In Fetus Development, *Megha Gupta, L.P. Dei*

**OP- 04** Garbhini Paricharya W.S.R To Dietary Regimen For Maternal Health, Growth & Development Of Fetus And Lucid Delivery-A Conceptual Study, *T.Nirmala, N. Krishnahah*

**OP- 05** The Role of Ayurveda In Malnutrition During Pregnancy, *Sujata K Shamkuwar, M.B. Pillewan*

**OP- 06** Nutrition Related Issues In Pregnant Women In India Garbhshosh / Vatabhipanna Garbh / Garbhkshya Iugr, *Vikas Sharma, Yogesh Wane, Prakash Joshi, Harsh Pastore*

**OP- 07** Nutritional Significant of Various dietary supplement used in Garbhini Paricharya, *Priyanka Shrivastava, Rita Marwaha, Nisha Bhalerao, S.D. Panda*

**OP- 08** Garbhini Paricharya Through Ayurveda : A Scientific Approach For Healthy Motherhood And Successful Progeny, *Neha Purohit, Sanjay Shrivastava, Rita Singh,*

**OP- 09** Dietetics For Healthy Pregnancy, *Rita Singh*

**OP- 10** Importance of Nutrition During Pregnancy, *Basanti Guru*

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2<sup>nd</sup> SESSION

TIME: 3.15 pm to 5.15 pm

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#### TRACK NO./ SESSION 6 –T 6A : HEERAK HALL

**THEME** : Complications related to under nutrition

**Chair** : Dr. R.B. Dwivedi, Professor, IPGTRA, Jamnagar

**Co- Chair** : Dr. J.S. Tripathi, Professor & HOD, Banaras Hindu University

#### KEYNOTE SPEAKERS

1. Dr. Avula Laxmaiah
    - Management of nutritional disorders (Triple burden of diseases) in the India Context
  2. Dr. K R C Reddy
    - Management of Ayurvedic Dietetics w.s.r. to DM Type 2
  3. Dr.K S Dinesh
    - Dhatu based nutritional consideration in common pediatric illness and its management
- Q and A session with the panel of keynote speakers

#### Oral Presentations

**OP-01** Role Of Katu-Dravya In The Management Of Bala Shosha, *Rohit Singh*

**OP-02** Role Of Balaswagandhadi Kshira Basti In The Management Of Karshya W.S.R. To Nutritional Deficiency, *Vivek Kr. Deolia , Jitendra Shrivastava*

**OP-03** Challanges In Diagnosing Malnutrition Induced By Chronic Gastric Ulcer- A Case Study, *Sachin Deva*

**OP-04** Body Sickness – Under Nutrition, *M.P. Singh , Santosh Kumar , Deepak Kumar*

**OP-05** A Conceptual And Applied Study Of Dhatuposhanakrama In Context To Panduroga, *Jay R. Mordhara*

**OP-06** A Pilot Study To Evaluate The Role Of Santarpanmanth In Protein Energy Malnutrition, *Durgawati Devi*

**OP-07** A Critical Review On Nutritional Disorders Caused By Pesticides With Special Reference To Dushivisha, *Vinodkumar Tiwari, Kundan Meshram, S.S. Suryawanshi*

**OP-08** Role Of Panchtikta Ksheer Basti In Asthi-Majjagata Khasya W.S.R. Osteopenia- A Conceptual Study, *Ritika Mishra, Anoop Thakur*

**OP-09** Management Of Nutritional Eye Disorders, *Shweta Agrawal*



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2<sup>nd</sup> SESSION

TIME: 3.15 pm to 5.15 pm

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**TRACK NO./ SESSION 7 –T 4A : NEELAM HALL**

**THEME** : Diseases of over nutrition

**Chair** : Dr. S.S. Sawarikar, Ex. Vice Chancellor, Gujrat Ayurveda University

**Co- Chair** : Dr. Manjusha Rajgopala, Professor & HOD ,All India Institute of Ayurveda, Delhi

#### **KEYNOTE SPEAKERS**

1. Dr. Sajitha Bhadran
  - Over nutrition Challenges & scope w.s.r. to Diabetes Mellitus
2. Dr. G Vinod Kumar
  - Complications related to over nutrition

Q and A session with the panel of keynote speakers

#### **Oral Presentations**

**OP-01** Sugar Consumption And Prevention Of Lifestyle Disorders, *A Kashif Anwar, Z. Haneef*

**OP-02** Concept Of Temperament (Mizaj) & Its Relation With Diet Restriction In Diabetes Mellitus, *Naseem A.Khan, S.Nafees Bano*

**OP-03** Obesity In Children: Research Challenges And Opportunities In Ayurveda, *Bakhtyar Asharafi,*

**OP-04** Role Of Diet In Management Of Dyslipidemia: One Of The Most Prevalent Nutritional Disorder In Clinics, *Jayshree Pandey, O.P. Singh, Shweta Shukla*

**OP-05** Ayurvedic Concept of Food And Nutrition In Hypertension, *Sakshi Negi, O.P. Singh*

**OP-06** Diseases Related To Overnutrition And Their Management, *Vineeta Waldia, Vikash Bhatangar*

**OP-07** Atherosclerosis And Its Dietary Management, *Sunita Rajput, Deepika Thakur, Urmila Shukla*

**OP-08** Obesity and its management through Surya Namaskar & Nadishodnan Pranayama, *Ved Prakash Gupta, Nitin Marwaha, Charu Bansal, Umesh Shukla*

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2<sup>nd</sup> SESSION

TIME: 3.15 pm to 5.15 pm

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TRACK NO./ SESSION 8 –T 5B : VAIDURYA HALL

**THEME** : Scope of nutraceuticals

**Chair** : Dr. Prassana N Rao, principal, S D M College Of Ayurveda and Hospital, Hassan, Karnataka

**Co- Chair** : Dr. Kamlesh Sharma, Professor, & Head of Swasthavritta, National Institute of Ayurveda, Jaipur, Rajasthan

#### KEYNOTE SPEAKERS

1. Dr. Yamini Bhushan Tripathi
  - Nutraceuticals development in Ayurveda : Role of Molecular Biology
2. Dr. Kashinath
  - Ayurveda Dietetics- Judicious Diet prescription

Q and A session with the panel of keynote speakers

#### Oral Presentations

**OP-01** Panchagavya : An Unique And Holistic Approach To Provide New Way To Nutraceuticals , *Rakesh Mishra , Ankita Mishra*

**OP-02** Development Of An Ayurvedic Nutraceutical Health Drink W.S.R. To Its Efficacy, *Priya Gupta, Kunal Gohil, Hitesh A Vyas, A.S. Baghel*

**OP-03** Understanding The Role Of Flax seed As A Nutraceutical In Obesity, *Rachana Kashyap, D. V. Kulkarni*

**OP-04** The Ayurvedic Approach To Nutraceuticals, *Rahul Kumar Gupta*

**OP-05** The Perspective Of Ayurvedic Nutraceuticals And Its Scope: A Review, *Khatik Rohit Kumar*

**OP-06** Mushroom (Samswedaj Shaka) A Treasure Hunt For Nutraceuticals- A Review, *Rajesh Kumar Mishra,, Swapnali Gadave, Deepak Goud*

**OP-07** Vatad - A Plant Of Significant Nutritional Value, *Shyam Jat, , Sunita D Ram, Shiromani Mishra, Shivkumar Mishra, Ravindra Sharma*

**OP-08** Nutraceuticals Apropos Ajastrik Rasayana,, *Gaurav Malviya, Nisha Bhalerao, Swatantra Chaurasia, Rita Marwah,*

*Ashok Gupta, Pankaj Gupta, S D Panda*

**OP-09** Nutritive Food-“Sattvik Aahar” W.S.R To Pragnya (Conceptual Study), *Shuchi Mishra, Rajeev Mishra*

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2<sup>nd</sup> DAY , 20<sup>th</sup> JANUARY 2018

1<sup>st</sup> SESSION

TIME: 09.30 am to 11.45 am

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**TRACK NO./ SESSION 09 –T 1B : HEERAK HALL**

**THEME** : Management of nutritional disorders prevalent among the children

**Chair** : Dr.M S Bhagel, Ex. Director, IPGTRA Jamnagar

**Co- Chair** : Dr.Kamini Dhiman, Director General, CCRAS New Delhi

#### **KEYNOTE SPEAKERS**

1. Dr.Surya Bali
  - Impact of suposhan nutrition intervention programme in sehore district of M .P .
2. Dr. Snehalatha SN Dornala
  - Nutritional Errors and Disorders in Pre School Children-Challenges & Scope of Ayurvedic RUTF.

Q and A session with the panel of keynote speakers

#### **Oral Presentations**

**OP-01** Therapeutic Dietetics Intervention Of Some Common Childhood Disorders, *Reetesh Kumar Verma, Rajendra Prasad Tiwari,*

**OP-02** Role Of Stanya In Controls Of Obesity In Early Childhood, *Jyoti Singh, Mahesh Narayan Gupta*

**OP-03** Managemant Of Nutritional Deficiencies In Children, *Shiv Prasad Dwivedi*

**OP-04** Anuvasana Basti As Brimhana Aspect For Child Nourishment - A Conceptual Study, *Amit Kumar Awadhiya, A B Thakur*

**OP-05** “Suvarnaprashan” As an Ayurvedic Immunity Booster, *Rajveer Gupta, Vivek Kumar Shrivastava, Pawan Kumar Kirar*

**OP-06** Ayurvedic Life Style In The Management Of Childhood Obesity, *Nagendra Thakre, Ranjit Narang, Praveen Raghuwanshi*

**OP-07** Eating Disorders In Children's And Their Management's Through Ayurved, *Raju meena, Charu Bansal, Trupti Jain, Vijendra Mandloi, Ghanshyam Dawar, Saleha Zainab*

**OP-08** Nutritional Deficiency Disorders And Its Management In Children In Ayurveda, *Neeta Singh, Surendra Kumar Patel*

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TIME: 09.30 am to 11.45 am

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TRACK NO./ SESSION 10-T 2B : MANIKYA HALL

**THEME** : Nutritional disorders in adolescent girls and their management

**Chair** : Dr. K S Dhiman, Director General, CCRAS New Delhi

**Co- Chair** : Dr. K R C Reddy, Professor & HOD, Banaras Hindu University

#### KEYNOTE SPEAKERS

1. Dr. Padmashree Balendu Prakash
  - Non Iron Containing Ayurvedic Rasa Formulation In Treatment Of Nutrition Anemia
2. Dr. Umesh Kapil
  - Nutrition Transition In India and Double Burden of Malnutrition in adolescent Girls

Q and A session with the panel of keynote speakers

#### Oral Presentations

**OP-01** Role Of Diet In Prevention Of Polycystic Ovarian Syndrome (Pcos), *Zarina Khatoon*

**OP-02** Diet For Adolescents, *Nidhi Srivastava, Ravi Kumar Shrivastava*

**OP-03** Nutritional Disorders In Adolescent Girls And Their Management, *Sushma singh Baretiya, Deepika Anand, Dinesh Choudhari*

**OP-04** Nutrition Deficiency In Adolescence Girls -An Ayurvedic Concept, *Dr. B. Reddy Soni, Dr. N Krishnaiah*

**OP-05** Anaemia (Pandu) – “A Challenging Nutritional Disorder In Adolescent Girls, *Vijeta Barange, Sanjay Shrivastava, Rita Singh, Rajesh Jain, Bharati Dadlani*

**OP-06** Adolescent Nutrition And Nutritional Guidelines, *Pramod Patel, Deepika Thakur, H.P. Sharma, R.K. Pati*

**OP-07** Management Of Anemia In Pregnant Women, *Urmila Shukla*

**OP-08** Role Of Shirodhara In The Management Of Stress During Pregnancy, *Sonali Asati, Umesh Shukla, Kamini Soni, Preeti Chaturvedi, Babita Das*

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TRACK NO./ SESSION 11 –T 4B : NEELAM HALL

**THEME** : Diseases of over nutrition  
**Chair** : Dr. Banwari Lal Gaur, Ex. Vice Chancellor, Jodhpur University, Rajasthan  
**Co- Chair** : Dr. B S Prasad, Principal, KLE Karnataka

#### KEYNOTE SPEAKERS

1. Dr. Vasudevan Nampoorthiri
  - Dietetics in Diabetes
2. Dr. U S Nigam
  - Ayurvedic Panchkarma in Malnutrition (specially in childhood)
3. Dr. J S Tripathi,
  - Role of Psychological Factors in Nutritional Disorders

Q and A session with the panel of keynote speakers

#### Oral Presentations

- OP-01** A Concept Of Diseases Caused By Santarpan (Over Nutrition), *Yogesh Kumar*  
**OP-02** Vidangadi Yoga Churna In Obesity Management, *Dipti Sharma, Urmila Shukla*  
**OP-03** Diseases of Over Nutrition and there management, *RoshaniVerma, Nitin Marwaha, Babita Sharma*  
**OP-04** Role Of Panchakarma In The Management Of Sthoulya, *Kirnmayi Paluru, P. Murli Krishna, A. Shankar Babu*  
**OP-05** Over nutrition: An Emerging Global Health Problem, *Sanjay Srivastava, Archana Choudhary*  
**OP-06** Apathynimitaj Prameha: A Nutritional Disorder & It's Management, *Hariprakash Sharma, Vivek Sharma*  
**OP-07** Over Nutrition & Related Disorders – An Overview, *Vivek Sharma,*  
**OP-08** Effect Of Ayurvedic Dietetics And Exercise In Prediabetic Patients, *Ghanshyam Dawar, Charu Bansal, Nitin Marwaha*  
**OP-09** Comparative Study Of Leech Application & Diet Plan In Management Of Vatarakta Wsr Gout: A Pilot Study, *Shashank Jha*  
**OP-10** Role of Nutrition in managing cardiovascular in risk in Diabetes, *Bharti Dadlani*  
**OP-11** Potential effect of gudchi churana in the management of the prameha (Diabetes), *Dr. Kamini Soni*

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1<sup>st</sup> SESSION

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**TRACK NO./ SESSION 12 –T 5C : VAIDURYA HALL**

**THEME** : Scope of nutraceuticals

**Chair** : Dr. Navin Chandra, Director, Madhya Pradesh Council of Science & Technology, Bhopal

**Co- Chair** : Dr. Y B Tripathi, Dean, BHU

#### KEYNOTE SPEAKERS

1. Dr. Y K Sharma
  - Nutrition and Ayurveda
2. Dr. Shankar Rao
  - Issues Related to Nutritional Disorders
3. Dr. Pawan Godatwar
  - Nutritional aspects of Medoroga

Q and A session with the panel of keynote speakers

#### Oral Presentations

**OP- 01** Nutraceuticals In The Orbit Of Ayurveda With Special Reference To Vardhman Pippali Rasayana, *Abhilasha Agrawal*

**OP- 02** Scope Of Nutraceutical, *Ranjit Narang, R. Appaji Rao, R.P. Singh*

**OP- 03** Moringa Oleifera : A Potential Natural Nutraceutical, *Praveen Raghuwanshi, H.P. Sharma Damini Raghuwanshi*

**OP- 04** Defining Nutraceuticals And Rules Pertaining To It In India, *Somil Dubey*

**OP- 05** Nutraceuticals From Ayurveda:An Evidence Based Philanthropy From Rasa Shastra And Bhaishajya Kalpana, *Jagriti Sharma, K Shankar Rao*

**OP- 06** Nutrition With Special Reference To Kaph Prakriti, *Hemangini Dubey, N.K. Prasad, Anju Sharma*

**OP- 07** Nutrient Drinking Water: Need Of The Hour, *Veerbahadur Solanki, Nitin Ujjaliya, H.P. Sharma*

**OP- 08** Preservation Of Health Through Nutrition, *Bharat Lal Thakur, Sanjay Shrivastava, Rajesh Jain, Bharti Dadlani*

## NUTRICON 2018

### A NATIONAL CONFERENCE ON MANAGEMENT OF NUTRITIONAL DISORDERS: CHALLENGES & SCOPE SCIENTIFIC SESSIONS SCHEDULE

2<sup>nd</sup> DAY , 20<sup>th</sup> JANUARY 2018

2<sup>nd</sup> SESSION

TIME: 12.0 noon to 02.15 pm

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#### TRACK NO./ SESSION 13 –T 6B : HEERAK HALL

**THEME** : Complications related to under nutrition

**Chair** : Dr. Mita Kotecha, Professor & HOD, National Institute of Ayurveda

**Co- Chair** : Dr. Pawan Godatwar, Associate professor and HOD, National Institute of Ayurveda, Jaipur

#### KEYNOTE SPEAKERS

1. Dr. Kamlesh Sharma
  - Atparpan nimittaj vikara evum Ayurveda.
2. Dr. O.P. Singh
  - Complications related to under nutrition
3. Vikrant Patil
  - Facts, Focus & Future of nutritional management with Ayurvedic prospects

Q and A session with the panel of keynote speakers

#### Oral Presentations

**OP- 01** Prevalence And Awareness On Anaemia Among Rural Population Of Jammu District, *Poonam Mohod, Sunil Sarode, Dhananjay Bansod, Sharad Mohad*

**OP- 02** Basic Concept Of Aahar Dravya W.S.R. To Nutritional Deficiency, *Pankaj Mishra, Manjula Mishra*

**OP- 03** Disorders Due To Undernutrition And Overnutrition, *Nitin Urmaliya, A.P. Chouhan*

**OP- 04** Vrana (Ghav) Ke Poshannetu Ayurvediya Chikitsa ka Prabhav, *Akhilesh Bhargav, Shweta Verma*

**OP- 05** Role Of Snehana In The Management Of Protein Energy Malnutrition In Children, *Pawan Kumar Vishwakarma, Deepa Sharma, R.P.Tiwari*

**OP- 06** Study The Standardisation Of Hepatoprotective Drug Used In Nutritional Disorders, *Dewasya Pratap Singh*

**OP- 07** Role Of Ayurveda In Prevention Of Nutritional Deficiency Disorders Of Eye, *R.L.Y.U.Rathnayaka, D.B. Vaghela*

**OP- 08** Role of Takra Basti in Grahani Roga – A Clinical Study. *Preeti Chaturvedi*

**OP- 09** Nitya Sevaniya Dravya -Key To Prevent Undernutrition, *Trupti Jain*

**OP- 10** Nutritional Deficiency Disorders in Pediatrics – An Ayurvedic Overview, *Sulbha Bansod*

## NUTRICON 2018

### A NATIONAL CONFERENCE ON MANAGEMENT OF NUTRITIONAL DISORDERS: CHALLENGES & SCOPE SCIENTIFIC SESSIONS SCHEDULE

2<sup>nd</sup> DAY , 20<sup>th</sup> JANUARY 2018

2<sup>nd</sup> SESSION

TIME: 12.0 noon to 02.15 pm

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**TRACK NO./ SESSION 14 –T 8B : MANIKYA HALL**

**THEME** : Issues related to health and nutrition in Geriatrics

**Chair** : Dr. Y K Sharma, Principal, RGPGGAC Paprola, Himachal Pradesh

**Co- Chair** : Dr. Surya Bali, Professor, All India Institute of Medical Sciences, Bhopal

#### **KEYNOTE SPEAKERS**

1. Dr.Gurdeep Singh
  - Role of Ayurveda in prevention & management of Geriatric health problems
2. Dr. Anjaneya Murthy
  - Nutritional aspects in Geriatric
3. Dr. Arjun Singh Baghel
  - Dietetics in Ayurveda

Q and A session with the panel of keynote speakers

#### **Oral Presentations**

**OP- 01** Role Of Nutritional Intervention In Geriatrics Related Health Issues, *Rachna Agrawal, Kamlesh Kumar Sharma*

**OP- 02** Concept Of Rasayana Therapy And Aging In Ayurveda, *Harsh Pastore*

**OP- 03** Nutrition In Old Age, *Manisha Rathi, Sharad Rathi*

**OP- 04** Issue Related To Health And Nutrition In Geriatrics, *Rakesh Shukla, O.P. Dwivedi, Jinesh Jain, Bhagwati Tripathi*

**OP- 05** Understanding The Antioxidant Mechanism Of Soybean (Glycine Max L. Merril), *Pranali Giradkar, D.V. Kulkarni*

**OP- 06** Geriatric Problems And Their Ayurvedic Dietary Guideline, *Ashish Gupta, Vrijendra Mandloi, Trupti Jain, Charu Bansal*

**OP- 07** Role Of Ayurveda In Geriatric Nutritional Diseases, *Neelesh Sahu, Sanjay Shrivastava*

**OP- 08** Anti Aging Effect Of Rasayana in geriatrics W.S.R. Deheindriyabalam Param, *Salil Jain, Swati Jain, O.P. Dwivedi, Pravanjan Acharya*

**OP-09** Role Of Rasayana In Geriatric Health Care, *Neeraj Tiwari, Rita Marwaha, Ashok Kumar Gupta, Pankaj Gupta*

**OP- 03** Management of Asthidhatukshaya vis-A vis osteoporosis, . *Rajesh Meshram*



## NUTRICON 2018

### A NATIONAL CONFERENCE ON MANAGEMENT OF NUTRITIONAL DISORDERS: CHALLENGES & SCOPE SCIENTIFIC SESSIONS SCHEDULE

2<sup>nd</sup> DAY , 20<sup>th</sup> JANUARY 2018

2<sup>nd</sup> SESSION

TIME: 12.0 noon to 02.15 pm

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#### TRACK NO./ SESSION 15 –T 7 : NEELAM HALL

**THEME** : Diseases of over nutrition

**Chair** : Dr.Umesh Kapil, Professor, Dept. of Gastroenterology and Human Nutrition AIIMS, New Delhi

**Co- Chair** : Dr.Santosh Nair, Professor, Chaudhary BrahmaPrakash Charak Ayurved Sansthan, Delhi

#### KEYNOTE SPEAKERS

1. Dr. Ram Manohar

- Diseases of over nutrition

2. Dr. Sanjeev Ojha

- Understanding traditional nutritional aspect its limitation and changes in disease control

3. Dr. Satya N Donala

- Diabetes A nutritional metabolic disorder-management,Challenges and Ayurvedic scope

Q and A session with the panel of keynote speakers

#### Oral Presentations

**OP-01** Role Of Over Nutrition In The Development Of Type 2 Diabetes Mellitus And It's Control, *Ravikant Sharma, Sapra Umesh Kumar*

**OP-02** Role Of Shodhana In The Management Of Santarpana Janya, *Anurag Kushal, Sarvesh Kumar Singh*

**OP-03** Obesity Due To Overnutrition And Its Ayurvedic Management, *Manoj Singh Baghel, Umesh Shukla*

**OP-04** The Potential Effect Of Udvartana In The Management Of Sthaulya (Obesity), *Prakash Singh Rajput*

**OP-05** Efficacy Of Shilajit In Obesity W.S.R. To dyslipidaemia, *Ritendra Dohre, Praveen Raghuwanshi, R.K. Pati, Anil Nagle*

**OP-06** Role Of Virechana Karma In Hyperlipidemia, *Dushyant Chopariya, Umesh Shukla, Kamini Soni*

**OP-07** Over Nutritional Disorders And Their Solution By Ayurveda, *Sunil Sharma, Saleha Zainab, Ghanshyam Dawar, Vijendra Mandloi, Trupti Jain, Charu Bansal*

**OP-08** Role Of Ahar Vidhi Visheshayatana Towards Life Style Disorder, *Shubha Chourse, M.M. Mali, Rachana Jain*

**NUTRICON 2018**  
**A NATIONAL CONFERENCE ON MANAGEMENT OF NUTRITIONAL DISORDERS: CHALLENGES & SCOPE**  
**SCIENTIFIC SESSIONS SCHEDULE**

**2<sup>nd</sup> DAY , 20<sup>th</sup> JANUARY 2018**

**2<sup>nd</sup> SESSION**

**TIME: 12.0 noon to 02.15 pm**

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**TRACK NO./ SESSION 16 –T 6C : VAIDURYA HALL**

**THEME** : Complications related to under nutrition

**Chair** : Dr. Gurdip Singh, Ex. Director, IPGTRA Jamnagar

**Co- Chair** : Dr. P K Bina Rose, Professor & HOD, Kotakkal, Kerala

**KEYNOTE SPEAKERS**

1. Dr. Banwari Lal Gaur
  - Ek Rasabhyaso Daurbalyam Karanam
2. Dr. B S Prasad
  - Nutritional Aspect During Panchkarma

Q and A session with the panel of keynote speakers

**Oral Presentations**

**OP- 01** Role Of Shashtika Shali Pinda Sweda In The Management Of Karshya, *Reena Tomar, Kamini Soni, Umesh Shukla, Babita Dash*

**OP- 02** Maans Dhatu Kshaya: Clinical Manifestations And Management In Ayurveda, *Nidhi Vashistha, Priynka Jat, Swatantra Chourasiya, Ashok Kumar Gupta*

**OP- 03** A Clinical Study On The Comparative Effect Of Brimhana Vasti And Karshyahara (Kalpanika) Yoga In Karshya, *Narendra Singh Lodhi*

**OP- 04** Prevention Of Deafness With Ayurveda In Place Of Nutrition, *Hemlata Jain, Rohit Kumar Jain, Yadav Gawale*

**OP- 05** Role Of “Physiology Of Poshana” In Management Of Malnutrition, *Sunil Parashar, Rajeev Mishra, Rajeev Shrivastava, N.K. Prasad*

**OP- 06** Management Of Complication Related To Under Nutrition Through Moringa Oleifera And Custard Apple, *Ashish Kumar Singour, Shrikant Kumar Panda*

**OP- 07** Ajeerna And Its Management, *Lajwanti Keswani*